

# Southern Appalachian Studies

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## Overview

Website: Southern Appalachian Studies (<https://new.sewanee.edu/programs-of-study/southern-appalachian-studies/>)

The University of the South is situated on an Appalachian plateau that includes vibrant communities outside the gates. The minor in Southern Appalachian studies brings together the efforts of faculty, staff, students, and community partners toward building a transformative education in the region's past, present, and future. It is fundamentally grounded in the Southern highlands and devoted to exploring the factors that have shaped life and imagination here, the trends that continue to mark the area, and prospects that will influence Appalachian identity and development in the years to come.

In this minor, you'll be able to focus on a specific issue in Appalachia or explore a variety of general trends in the region. And you'll gain insights from individuals committed to helping you better understand the region, its people, their challenges, and the rich heritage of the highlands.

## Faculty

Professor: Willis (Chair)

## Minor

### Requirements for the Minor in Southern Appalachian Studies

The minor requires successful completion of the following:

Code	Title	Semester Hours
<b>Course Requirements</b>		
PSYC 230	Child, Family, and Community Development in Rural Appalachia	4
Select four additional courses with the SAST (southern Appalachian and place-based studies) attribute, including: <sup>1</sup>		16
ANTH 302	Southern Cultures	
ARCH 213	Cultural Resource Practicum	
BIOL 232	Human Health and the Environment (Lab)	
ENGL 394	Literature of the American South	
ENST 100	Walking the Land	
ENST 201	Foundations of Food and Agriculture	
ENST 304	Community Development and Place in Rural Appalachia	
ENST 336	Environmental Land-Use Policy	
HIST 229	The Many Faces of Sewanee	
HIST 235	Introduction to Public History	
HIST 323	The Many Faces of Sewanee	
HIST 330	History of Southern Appalachia	
MUSC 241	"Ramblin' Blues": The Back Roads of Southern Music	
PHIL 235	Bioethics	
POLS 210	The Politics of Poverty and Inequality	
POLS 335	The Politics of the American South	
PSYC 230	Child, Family, and Community Development in Rural Appalachia	
<b>Total Semester Hours</b>		<b>20</b>

<sup>1</sup> No more than two of these courses may be at the 100 level.

## Courses

### Southern Appalachian Studies Courses

#### **SAST 220 Place, Memory, and Identity (4)**

This course explores critical intersections of memory, identity, and place from a multidisciplinary perspective. Students engage a series of concepts and skills regarding place--abstractly and concretely--as they relate to efforts by individuals, communities, and societies to gain meaning from the past for the present.

#### **SAST 325 Food, Agriculture, and Social Justice in Southern Appalachia and Beyond (4)**

This course explores how producing, preparing, and consuming meals become expressions of individuality, social unity, and cultural identity that create intimate relationships not only among people but also between people and the natural world. Historical foundations and current systems of food production are examined with specific consideration given to the ways in which differential production and access to food have created disparities in health and nutrition as well as how the Food Justice movement seeks to address these inequities through restructuring and transforming the current systems of production.

#### **SAST 399 Special Topics (4)**

This course focuses on a topic in Southern Appalachian Studies that is not fully covered in existing courses. Content will vary from semester to semester. This course may be repeated for credit when the topic differs.

#### **SAST 444 Independent Study (2 or 4)**

An opportunity for students to explore a topic of interest in an independent or directed manner. This course may be repeated for credit when the topic differs but, may only count once toward the Minor in Southern Appalachian Studies. *Prerequisite: Instructor prerequisite override required.*